

## VANGUARD Three Stack Fitness System CLM



## **STATIONS**

**STATION 1** -- Multi-Press (Shoulder, Incline, Chest, Decline), Lat Pull, Tricep Pushdown.

**STATION 2** -- Leg Extension, Leg Curl.

STATION 3 -- Bicep Curl, Low Row.

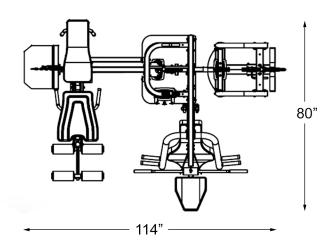
STATION 4 -- Cable Column.

## **STANDARD FEATURES**

- ✓ 1" ball bearing pivots on the press arms and large 4 1/2" and 6" pulleys ensure durability and smooth operation.
- ✓ Three 150lb. weight stacks (ten 10lb. plates, ten 5lb. plates).
- ✓ Cable Column has 17 height adjustments and 2:1 cable ratio.

## **OPTIONAL FEATURES**

- ✓ Steel shrouds powder coated and clear coated for a mar resistant and lustrous finish.
- ✓ Weight stacks can be upgraded in 50 lb. increments up to 300 lbs each.



3070S w/3085S

114" x 80" x 94"

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