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ARE YOU READY!



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Olympic Tri-Grip Ultrathane Encased Plates ULT-# (Weight)

- Available in the following weights: 2.5lb., 5lb., 10lb., 25lb., 35lb., 45lb.

Olympic Tri-Grip Rubber Encased Plates RBR-# (Weight)

- Available in the following weights: 2.5lb., 5lb., 10lb., 25lb., 35lb., 45lb.

Bumper Plates OBP-# (Weight)

- Available in the following weights: 5lb, 10lb., 15lb, 25lb., 35lb., 45lb.



7' Chrome Olympic Bar BAR-7'OLYMPIC

Chemical chrome finish 7' training bar, 1200lb. test, Weight: 45lbs., 30mm Grip



Texas Power Bar BAR-TEXASPOWER

28mm Grip, Black Oxide Bar, Made in USA



7' High Test Bar BAR-7'HIGHTEST

7' polished steel bar, 1500lb. test bar, Weight: 45lbs., 28mm Grip Black Bar



47" Olympic Curl Bar BAR-EZ

Hard chrome finish, Weight: 22lbs., 30mm Grip



Bumper Plate Rack RCK-BPR

- 11 Gauge Steel Tube Frame
- Size: 56" x 13" x 12" (38lbs.)



Olympic Bar Clamps ACC-MC

- Black in stock, colors can be ordered with longer lead time.



Locking Bar Collar ACC-LBC

- Sold in Black pairs
- Quick locking action



TAG Spring Clips ACC-OSC



Olympic Plate Tree RCK-OPT

- Holds 850lbs. of Olympic Plate
- All welded steel frame
- Rubber feet to protect floors
- Size: 43" H x 24" W x 23" D
- Plates sold separately

*Warranty on Hex Dumbbell/Rubber Dumbbell and Plate - Two years against manufacturing defects (Ultrathane Dumbbells, Barbells and Plates - Five years against manufacturing defects). Product not warranted against dropping or throwing. Returned for inspection upon request (original owner is responsible for return postage) - TAG covers replacement shipping.



Ultrathane Fixed Straight Bars BBEL-STRT-# (Weight)

- Available in sizes 20lbs. - 110lbs. in 10lb. increments
- Ultrathane Encased all Steel Heads (not cast iron)



Ultrathane Fixed Curl Bars BBEL-EZ-# (Weight)

- Available in sizes 20lbs. - 110lbs. in 10lb. increments
- Ultrathane Encased all Steel Heads (not cast iron)



Premium Round Ultrathane Dumbbells DBU-# (Weight)

- Premium ultrathane finish
- All Steel Heads (not cast iron)
- Available from 5lbs. -150lbs. in 5lb. increments, and 7.5lbs. -27.5lbs. in half size increments



8 Sided Pro-Style Ultrathane Dumbbells U8DB-# (Weight)

- Encased in Premium Urethane
- All Steel Heads (not cast iron)
- Available from 5lbs. -150lbs. in 5lb. increments, and 7.5lbs. -27.5lbs. in half size increments



Chrome Beauty Dumbbells CBD-2.5-25 SET

- Contoured handles with urethane inlaid grips provide comfort
- Sold only in sets of 2.5lb to 25lb by 2.5lb increments (10 Pair)



Micro Polyurethane PU-2.5-25 SET

- Contoured handles covered in polyurethane coating provide comfort in use
- Offers accurate weight and precision balance
- Sold only in sets of 2.5lb to 25lb by 2.5lb increments (10 Pair)



Pro-Style Round Rubber Dumbbells RRDB-5-50 SET

- Commercial-grade rubber encased dumbbell
- All Steel Heads (not cast iron)
- Available only in sets of 5lbs. to 50lbs by 5lb. increments (10 Pair)



Hex Rubber Dumbbells HEX-# (Weight)

- Straight hard-chrome handle
- Odorless virgin rubber
- All Steel Heads (not cast iron)
- Available from 3/5/8/10/12/15-100lbs. (by 5's)



Sample Custom Dumbbells

**Warranty on Hex Dumbbell/Rubber Dumbbell and Plate - Two years against manufacturing defects (Ultrathane Dumbbells, Barbells and Plates - Five years against manufacturing defects). Product not warranted against dropping or throwing. Returned for inspection upon request (original owner is responsible for return postage) - TAG covers replacement shipping.*



X-Rack RCK-XDBR

- Built for 10 pairs of dumbbells
- Nylon saddles
- Black
- Foot Print: 37" x 22" x 52"



2-Tier Tray Rack RCK-KBR2

- 14 gauge 2x4 oval steel tube frame construction
- Footprint 40"x 22"x 26"
- 7 gauge 2 tier steel shelves
- Can be used for Kettlebell, Slam Ball, Wall Ball, Dumbbells, etc.

3-Tier 10 Pair Dumbbell Rack with Saddles RCK-SD3.1

- Perfect Solution for a set of 5-50
- Easy clean design
- Multi attached cradles to keep aligned properly
- Designed to eliminate dumbbells hitting angle iron
- Size: 58" x 36" x 36" (199lbs.)



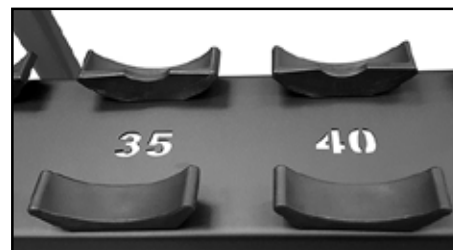
2-Tier 10-Pair Dumbbell Saddle Rack

RCK-CDR22 (No #'s)
RCK-CDR22S (5-50)
RCK-DR22L (55-100)

- Unique saddle design to eliminate scraping of users' knuckles
- Designed to eliminate dumbbells hitting angle iron
- Designed for any 10 pairs of Round Dumbbells
- Available Laser Cut Numbered 5-50, 55-100 & without numbers



(Close-up of laser cut numbers.)





3-Tier Horizontal Dumbbell Rack RCK-HDR

- Designed to hold 13 pairs of dumbbells (3-50lbs.)
- Size: 55" x 32" x 39" (171lbs.)
- Silver Frame, Black Shelves



3-Tier Horizontal Dumbbell Rack RCK-HDR54

- Designed to hold 13 pairs of dumbbells (3-50lbs.)
- Size: 38"H x 58"W x 31"D (171lbs.)
- Sold Only Black



3-Tier Horizontal Dumbbell Rack RCK-HDR70

- Designed to hold TAG HEX 5-75 (by 5's) 15 pairs of dumbbells
- Size: 38" x 79" x 31" (191lbs.)
- Sold Only Black

3-Tier Tray Rack RCK-KBR3

- 14 gauge 2x4 oval steel tube frame construction
- Footprint 59"x 22"x 26"
- 7 gauge 3 tier steel shelves
- Can be used for Kettlebell, Slam Ball, Wall Ball, Dumbbells, etc.



8 Pair Vertical Dumbbell Rack RCK-VDR8

- Holds Hex. 3-25lbs., or 5-30lbs.
- Fits flat against the wall
- 8 Pair Size: 45" x 17" x 11" (69lbs.)
- Weights sold separately



Fixed Barbell Rack RCK-BBR

- Constructed of heavy-gauge steel with powder coated finish
- Size: 43" x 32" x 53" (115lbs.)
- Weights sold separately
- Holds 10 fixed barbells



Multi-Angle Bench BNCH-MAB

- Adjustable 0° to 85°
- Single piece mainframe for added durability
- Size: 44" x 24" x 40" (103lbs.)



Hyper Extension Bench BNCH-HYP

- Adjustable thigh pads
- Size: 51" x 32" x 34" (87lbs.)

FID Bench BNCH-FID-5

- Adjustable from -10 to 80 degrees
- Size: 54" x 24" x 53" (83lbs.)
- Silver Frame, Black Pads



FID Bench BNCH-FID-B

- Adjustable from -10 to 80 degrees
- Upgraded Upholstery
- Size: 54" x 24" x 53" (83lbs.)
- Black Frame, Black Pads



Multi-Angle Power Bench BNCH-PWR

- Crinkle Black Electrostatic Powdercoat
- Constructed of 8 & 10-gauge square tubing
- Easy handle design and rear transport wheels
- Flat to Incline w/separate seat adjustment
- Wide 12" back pad for stability
- Size: 54" x 29" x 17.5"
- Weight: 85lbs.



Adjustable Decline Bench BNCH-DB

- 11 gauge steel construction
- Easy wheels & handle for movability
- Color: Silver frame; black pads
- Size: 51" x 33" x 79" (120lbs.)





Sit-Up Bench BNCH-SUB

- 23° degree angled pad
- Rear transport wheels for easy mobility
- Convenient assist handle
- Size: 24" x 25" x 50" (52lbs.)

Flat Bench BNCH-FB

- Single piece mainframe for added durability
- Size: 18" x 25" x 48" (52lbs.)



Seated Preacher Curl Bench BNCH-PB

- Single piece mainframe for added durability
- Size: 36" x 45" x 36" (100lbs.)

Utility Bench BNCH-UB

- Seat low to the ground for stability and comfort
- Size: 36" x 31" x 32" (44lbs.)



VKR Power Tower VKR

- Large padded backrest with lumbar support
- Parallel dip bars
- Space-saving design
- Pull-up/chin-up bar
- Lifetime welds, one year parts, 6 months on upholstery and grips
- Size: 42" x 42" x 85" (185lbs.)

Smith Machine SMITH

- Counter balance bar weighs only 14lbs.
- Dual safety stops
- Size: 87" x 50" x 90" (375lbs.)



*Warranty on Benches, Storage Racks, Bars - One year - parts. 6 months upholstery. *Warranty on Grips, Cables & Pulleys - 90 days.

TAG Power 1/2 Rack RCK-PWR, RCK-PWRCOMBO

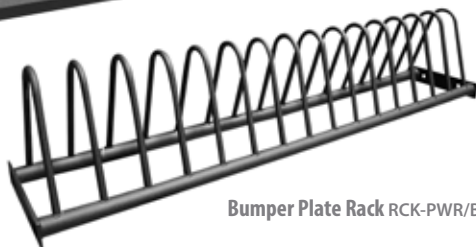
- 3x3 Steel Uprights
- Laser Cut Numbering System
- J Hooks & Safety Spotter Arms INCLUDED
- Location Adjustable Plate Horns INCLUDED (8)
- Multi Chin-Up Positions INCLUDED
- 1" Heavy Case Hardened Hardware
- Welded Endcaps
- Crinkle Black Electrostatic Powdercoat
- Choose any storage combination
- Heavy-duty 8 & 10 Gauge Square Tubing
- Size: 96"x 72"



Med Ball Rack RCK-PWR/MBR



Tray RCK-PWR/FDR



Bumper Plate Rack RCK-PWR/BPR

Dip Station RCK-PWR/DIP



Landmine RCK-PWR/LMA

*Warranty on Benches, Storage Racks, Bars - One year – parts. 6 months upholstery. *Warranty on Grips, Cables & Pulleys - 90 days.



Functional Trainer FUNC-TR

- 1:2 Resistance level on weight stack
- 2-210lb. weight stacks
- Multi-grip positioning handles
- All attachments included
- Size: 68" x 45" x 88" (785lbs.)
- Middle anchor point for suspension training
- Extra handle to make moving workout position easier
- Includes Exercise/Workout placard

A.T. TAG SportsFlex Multi-Functional Double Handled Cable Attachment & Suspension Training System

ACC - ATSPORTSFLEX

The ultimate fitness accessory.



Medicine Ball Rack

RCK-MBR5
RCK-MBR10

- Size: 53" x 31" x 31" (31lbs.)
- Fits both MedBalls and KettleBalls both available separately
- Available in 5 ball or 10 ball rack

Fitness Mat with Grommets ACC-EML

- Grommets for hanging
- Size: 3/8" x 24" x 71"

Mat/Accessory Rack RCK-MAT

- Holds 20 grommet mats and stretch cords/accessories
- Size: 80" x 30" x 39" (35lbs.)





Slam Balls SLAM-# (Weight)

- New texture and form for better grip and handling
- Synthetic, weather-resistant rubber surface
- Sizes Available: 5, 8, 10, 12, 15, 20, 25, 30, 35 & 40

2-Tier Tray Rack RCK-KBR2

- 14 gauge 2x4 oval steel tube frame construction
- 7 gauge 2 tiers steel shelves
- Rubber feet to protect floors
- Shelves - 40"x 12-1/2" / Footprint 40"x 22"x 26"



Accessories Rack RCK-ACR

- Accessories sold separately
- Size: 49" x 27" x 24" (126lbs.)

KettleBall KETL-# (Weight)

- Great for both individual and group exercise training
- Well-balanced, maintains original shape, soft rubber surface, easier on floors than traditional kettlebell
- Sizes Available: 6, 8, 10, 12, 14, 18, 20, 25, 30 & 35



Medicine Balls MEDBL-# (Weight)

- New texture and form for better grip and handling
- Synthetic, weather-resistant rubber surface
- Sizes Available: 4, 6, 8, 10, 12, 15, 18, 20, 25, & 30



Kettlebell RKETL-# (Weight)

- Chemical chrome smooth handle - no flaking or chipping
- Sizes Available: 5, 8, 10, 12, 15, 20, 25, 30, 35, 40, 45, 50, 60, 70 & 80
- Great for both individual and group exercise training
- Thick rubber encased coating

*Warranty on Attachments, Accessories, Medicine Balls & Kettlebells - 90 days against manufacturing defects.



3Way Soft Plyo Box PLYO

- Heights: 20, 24", and 30
- Covered with heavy duty vinyl
- All sides have extra grip landing area
- Well-balanced, maintains original shape
- Weight: 70 lbs



Cardio-Pump

- Innovative design looks great and provides ample plate storage space for 20 sets
- Each set contains bar, clips and 2 of each 2.5, 5 and 10lb. plates
- Size: 62" x 32" x 590" (Rack 106lbs./Fully Loaded 910lbs.)



TAG Wall Ball WALLBALL-# (Weight)

- Sizes Available: 4, 6, 8, 10, 12, 15, 18, 20, 25 & 30
- 14" Diameter
- Soft Shell Construction with even weight distribution



Battle Ropes ACC-ROPE - # (Length)

- Available in 1.5" & 2" Diameters and in 10', 20', 30', 40' & 50' Lengths - Custom Lengths Available



Blue



Grey



Red

Fitness Balls ACC-55CM, ACC-65CM, ACC-75CM

- Available in 55cm, 65cm and 75cm



Deluxe Stirrup Chrome Handle PU Grip
ATT-SINGLE



Seated Row/Chinning Chrome Bar PU Grip
ATT-ROW/TRAINING



Multi-Exercise Chrome Bar PU Grip, Revolving
ATT-MULTI



Triceps Full Extension Chrome Bar PU Grip
ATT-TRICEP



17" Chrome Cable Bar PU Grip, Revolving
ATT-STRAIGHT17



28" Chrome Curl Bar PU Grip, Revolving
ATT-CURL28



48" Chrome Lat Bar PU Grip, Revolving
ATT-LAT48



38" Chrome Lat Bar PU Grip, Revolving
ATT-LAT36



24\"/>



Hammer Rope
ATT-HAMMER



Ankle Cuff
ATT-ANKLE



Soft Grip Handle
ATT-NYLONGRIP

*Warranty on Attachments, Accessories, Medicine Balls & Kettlebells - 90 days against manufacturing defects.



MOBILITY RACK

RCK-MOB (Rack Only)

MOBILITY RACK (Rack and Items Pictured)

- Organize, Store and Clean-Up your Fitness Area
- Single Storage Station for a variety of equipment
- 2x2 Steel 12 Gauge Uprights
- 4 Heavy Duty Caster Wheels (2 locking)
- 4 hooks to hang stretch cords, jump ropes and other accessories
- Adjustable holders for 18 WallBalls and/or Medicine Ball
- Adjustable holders for Stability Balls and/or Bosu Balls
- Trays can hold 5-50# Hex Dumbbells or Load Trays with a combination Slam Balls, Kettlebells, Dumbbells, Foam Rollers, Yoga Mats, etc.
- Welded Endcaps
- Lifetime welds, one year parts
- Size Loaded – 100"x71"x33"



VERSA RACK

RCK-VERSA (Rack Only)

VERSA1 (Rack and Items Pictured)

- 2 x 2 Steel 12 Gauge Uprights
- Adjustable at any height for Ball Holders
- Trays can hold 5-30lbs. Hex Dumbbells, Load trays w/Slam Balls, Kettlebells, Dumbbells, Foam Rollers, Yoga Mats, etc.
- Holds Mat w/Grommets 19" on Center up to 71" Long
- Welded Endcaps
- Lifetime Welds, One Year Parts
- Size: 48"W x 36"D
- Weight: 170lbs.



Fit Cart - RCK-FITCART

- Heavy Duty Casters To Move Anywhere With Ease
- Fits through a 36" door opening
- 2x2 Steel 12 Gauge Uprights
- Size: 40.5" wide x 33" deep x 60" tall - 137 lbs



(Sample combination)

TAG **YOU'RE FIT!**
FITNESS

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